

LAURA VIDANA MOYA  
Mancomunitat St. 28B  
08505-Santa Eulàlia de Riuprimer  
(Barcelona)  
Born in 27 of august 1978  
+34 630.41.91.10  
[laura.vidana@uvic.cat](mailto:laura.vidana@uvic.cat)



#### REGULATED TRAINING \_\_\_\_\_

2017 **PHD in Psychology of Health.** *Universitat Autònoma de Bellaterra (UAB)*

2009-2012 **Master in Research in Psychology of Health** *Universitat Autònoma de Bellaterra (UAB)*

1999 **Bachelor in Occupational Therapy.** *Escola Universitària d'Infermeria Creu Roja (UAB).* Terrassa.

#### NON-REGULATED TRAINING \_\_\_\_\_

2014 **Teaching competences-Faculty of Health Science and Welfare (4 h).** *UVic-UCC.*

2013 **Introductory course on the Dir-Floortime Model (16 h).** *Associación Kulunka.* Vitoria.

2013 **Adaptation of the environment and environmental design for people with dementia: educational workshop (8 h).** *UVic-UCC.*

2011 **Occupational Therapy in Early Attention (16 h).** *Associació Kulunka.* Vitoria.

2010 **"Methodology for community action" (20 h.).** *Institute of Government and Public Policies. Summer School of the UAB.* Barcelona.

2009 **"Creativity for the generation of innovative ideas" (13 h.).** *Corporació Sanitària Parc Taulí.* Sabadell.

2009 **"Basic course on cognitive therapeutic exercise in the hemiplegic adult" (32 h.).** *Col·legi de Fisioterapeutes de Catalunya.* Sabadell.

2007 **"Assesment of Motor and Process Skills" (48 h.).** *Universidad Rey Juan Carlos.* Madrid. (Diploma of calibration in the use of the Evaluation of the Motors and of Process Skills)

2007 **"Acquired brain damage and occupational therapy" (36 h.)** *Associación Profesional de Terapeutes Ocupacionals de Madrid.* Madrid.

2001 **"The Role of Occupational Therapy in the Psychosocial Field" (70h).**  
*Universidad de Terapia Ocupacional. Zaragoza.*

## RESEARCH TRAINING \_\_\_\_\_

2014 **How to use Mendeley: bibliographic references manager (3 h).** *UVic-UCC*

2014 **Advanced Quantitative Research (4 h).** *UVic-UCC*

2013 **Training Seminar "Developing skills in scientific writing" (16 h).**  
*Fundació Dr. Antonio Esteve. Mutua Terrassa.*

2013 **Workshop Get to Horizon 2020. Presentation of the new European funding program (4 h).** *UVic-UCC*

## PROFESSIONAL EXPERIENCE \_\_\_\_\_

2010(active) **TEACHING AND MANAGEMENT.** *University of Vic - UVIC / UCC*

- Coordinator of the Degree of Occupational Therapy from September 2011 until July 2018
- Lecturer in the Degree in Occupational Therapy in subjects such as "Foundations of the Profession" "Therapeutic Resources" "Occupational Therapy for the independence of the elderly" "Occupational therapy for adult autonomy" or "Psychosociology of the Disability "

2005-2011 **OCCUPATIONAL THERAPIST.** *Socio-Sanitari Albada Corporació Sanitària Parc Taulí. Sabadell.*

- Coordination, supervision and / or dynamization of the program of activities.
- Intervention at different units of a Hospital (Neurrorehabilitation Unit, Traumatology Unit or Young people with disabilities Unit).

2005-2011 **TEACHER.** *Escola Universitària d'Infermeria Creu Roja (UAB) Terrassa. Universidad Católica de Murcia.*

- Realization of several courses of "Practical Applications of the Human Occupation Model" and collaboration in the Postgraduate Course in Mental Health (Gambling and Occupational Therapy)

2003-2004 **OCCUPATIONAL THERAPIST** Teràpia ocupacional, s.c.p. La Llagosta.

- Occupational therapy functions in geriatric residence.

2000-2006 **OCCUPATIONAL THERAPIST.** *Associació Barcelonesa de Ludopatia i Addiccions-Abla.* Barcelona.

- Groupal and individual intervention with people in treatment for gambling and their families.

1999-2000 **EDUCATOR.** Therapeutic Community "*La Coma*". Monistrol.

- Educational and organizational functions belonging to a therapeutic community of drug addicts.

## PUBLICATIONS AND RESEARCH \_\_\_\_\_

Member of the Research Group on **Societies, Policies and Inclusive Communities** (SoPCI) Emerging Group 2014 SGR 1455

## BOOKS

Doctoral Thesis " **Occupational participation as a tool of social inclusion in people with physical disability. Analyzing the relationship between occupation, environment and welfare**"

Author, together with María Rodríguez, of the chapter "**Promotion of health through employment: active aging**" in the "Occupational Therapy - New Challenges in Geriatrics and Gerontology." 2015. Morphos Editorial

Contribution of **a case in the book** Kielhofner, G. "Model of Human Occupation. Theory and Application "Lippincott Williams & Wilkins, 2008.

Author, together with Pamela Gutiérrez, of **chapters 28 and 29** in the book "**Occupational Therapists of the Andalusian Health Service**" Specific issue. Ed. Mad, 2007.

## PUBLICATIONS

**"Occupational therapy as a political action."** APTOC bulletin, issue no. 38, 1st semester 2010-11 (p.34-39)

**"The importance of the environment in human occupation".** Galician Occupational Therapy Journal 2009 Vol 6 pp. 232-243.

## LECTURE

**"Therapeutic Reasoning: how to fit the philosophical and the technical approaches".** Conference "Occupational Therapy: the Perspective International". University School of Physical Education. February 22-24, 2012. Krakow (Poland).

## SCIENTIFIC COMMUNICATION

**"Relationship between Life Satisfaction and Occupational Roles in Physically Disabled People"** 1st COTEC-ENOTHE Congress. June 2016. Galway. Ireland.

**"Relationship between occupational roles, locus of control and perceived control"** Occupational Therapy Research Day. Universidad de Chile. 2010. Santiago de Chile. Chile.

**"The importance of the environment for occupational therapy" II** Occupational Therapy Conference on Mental Health. Institut Pere Mata. April 4, 2008. Tarragona. Spain.

**"Environment and Occupation"** Occupational Therapy Catalan Conference on Mental Health. APTOC. 2001. Terrassa. Spain.

## POSTERS

Vidaña, L, Rodríguez-Bailón M. **The impact of locus of control in self-efficacy and other aspects of occupational roles in healthy and disabled people.** 9th COTEC Congress of Occupational Therapy. 24-27 May 2012. Stocolm. Sweden.

Rodríguez-Bailón, M, Ortega Valdivieso, A., Vidaña Moya, L., Martínez, R. **¿ Does the perceived control help us to feel more effective and to get more involved in occupational roles?** 15th World Congress of the World Federation of Occupational Therapists (WFOT). 4-7 of May of 2010. Santiago de Chile. Chile.

## MOBILITY

**Doctoral research residency** at the Research Group "Health, Occupation and Wellfare" at the University of Lund (Sweden). April - May 2018.

**Doctoral research residency** at the Department of Social Psychology at the University of Granada. July 2013.

Participation of a week as a teacher at the **Intensive Program of Poverty and Social Exclusion** in Helsinki Metropolia University of Applied Sciences. May 2010.

One-month stay at **Houndé Occupational Therapy Mental Health Center**. Burkina Faso. 2008.

Four months of clinical practice and formation in "Model of Human Occupation" with Carmen Gloria de las Heras in **Reencuentros, Center of Community Integration** in Santiago de Chile. 2004.

## LANGUAGES\_\_\_\_\_

**Catalan:** Maternal Language (Bilingual)

**Spanish:** Maternal Language (Bilingual)

**English:** First Certificate in English. University of Cambridge.

**French:** Elemental level